

SMART FUN DIY

SAVE MONEY + GET CREATIVE + EAT HEALTHY + LIVE HAPPY

Fruity Oatmeal Bars Recipe

By Xaver Priest

Serves: 12

Ingredients:

- 1 cup all-purpose flour
- 1 cup of rolled oats
- 2/3 cup brown sugar
- 1/4 tsp baking soda
- 1/2 cup butter or ghee
- 1 tsp vanilla extract
- 7 oz. Dole Strawberries, Peaches & Bananas Frozen Fruit (14 oz. bag)

Directions:

1. Combine flour, oats, brown sugar, and baking soda in a mixing bowl.
2. Cut up the butter into small pieces and mix together with the dry mixture using your hands or a pastry cutter.
3. Scoop out 1/2 cup of the mixture and set aside.
4. Mix in 1 tsp of vanilla extract.
5. Press the rest of the mixture in the bottom of a 9x9 pan.
6. Even spread 7 oz. of Dole Strawberries, Peaches & Bananas Frozen Fruit across the top of the mixture.
7. Crumble the 1/2 cup of the mixture over top of the frozen fruit and press down.
8. Bake at 350°F for 35-40 minutes, until the top is golden and the fruit looks drier.
9. Cool in the pan. Slice into 12 even bar shaped pieces.
10. Store in the refrigerator in bags or wrapped in wax paper for freshness.



Find original recipe at: <https://www.smartfundiy.com/fruity-oatmeal-bars-recipe/>

For personal use only * © 2018 smartfundiy.com